



HEALEY
INTERNATIONAL
RELIEF FOUNDATION



Turning Scars into Stars

Healey International Relief Foundation
Annual Report 2020



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MEET AMINATA

In late March 28-year old Aminata came to the Monsignor Daniel Sullivan Health Clinic in Newton, Sierra Leone for her routine antenatal visit. Aminata had delivered successfully at the clinic in 2017 and was now carrying her second child. On this visit it was found that Aminata had high-blood pressure and was diagnosed with preeclampsia.

Preeclampsia is a pregnancy-associated disorder characterized by hypertension and can result in convulsions. A recent study found that in Sierra Leone 16% of all maternal deaths are caused by pregnancy induced hypertension. Proper diagnosis and close management of these cases are critical to the life of the mother and child. Early diagnosis, close prenatal management, and the choice of proper route of delivery will determine the best possible outcomes.

The staff at the clinic, following the established protocols for expectant mothers, were able to manage Aminata's condition. However, she later returned with further severe symptoms. It was determined that the best treatment for Aminata would be under the care of the maternity hospital in Freetown, approximately an hour away from the clinic's location. An ambulance was called immediately to transport their patient to the hospital but with the rise of COVID-19 cases, ambulance service in the country was unpredictable. It was unclear when the ambulance would arrive, and time was of the essence.

Re-counting what happened next, Community Health Officer Manija Taylor said, "Instead of sitting and waiting for the ambulance to come, we were forced to carry out the delivery. We did whatever we could to save Aminata's life, such as opening an IV line to support the delivery and the birth was successful. Mother and child were safe. She and the baby spent the night in the facility."

Returning to the clinic for her postnatal exam, Aminata and her husband expressed their sincerest gratitude to the facility staff for the lifesaving provisions she received. "I was close to the grave as I felt my one foot was at the grave and the other was in the world. Your prompt decision saved my life and that of my baby."

As a way of expressing appreciation to the clinic, they brought a large pineapple for the staff. Pineapples are a symbol of hospitality, friendship, and warmth. This is exactly what the staff at Monsignor Daniel Sullivan Clinic have brought to the community. Each patient is treated with care and treated as family. Like its namesake, the clinic has proven to be a beacon of light for those most vulnerable in Newton and its surrounding area. Monsignor Daniel Sullivan, best known as Fr. Dan, had a vision of a Sierra Leone where everyone has access to quality healthcare. Every healthcare facility HealeyIRF and our donors support is a stepping-stone towards reaching Fr. Dan's dream.

"It's not what the vision is, it's what the vision does."

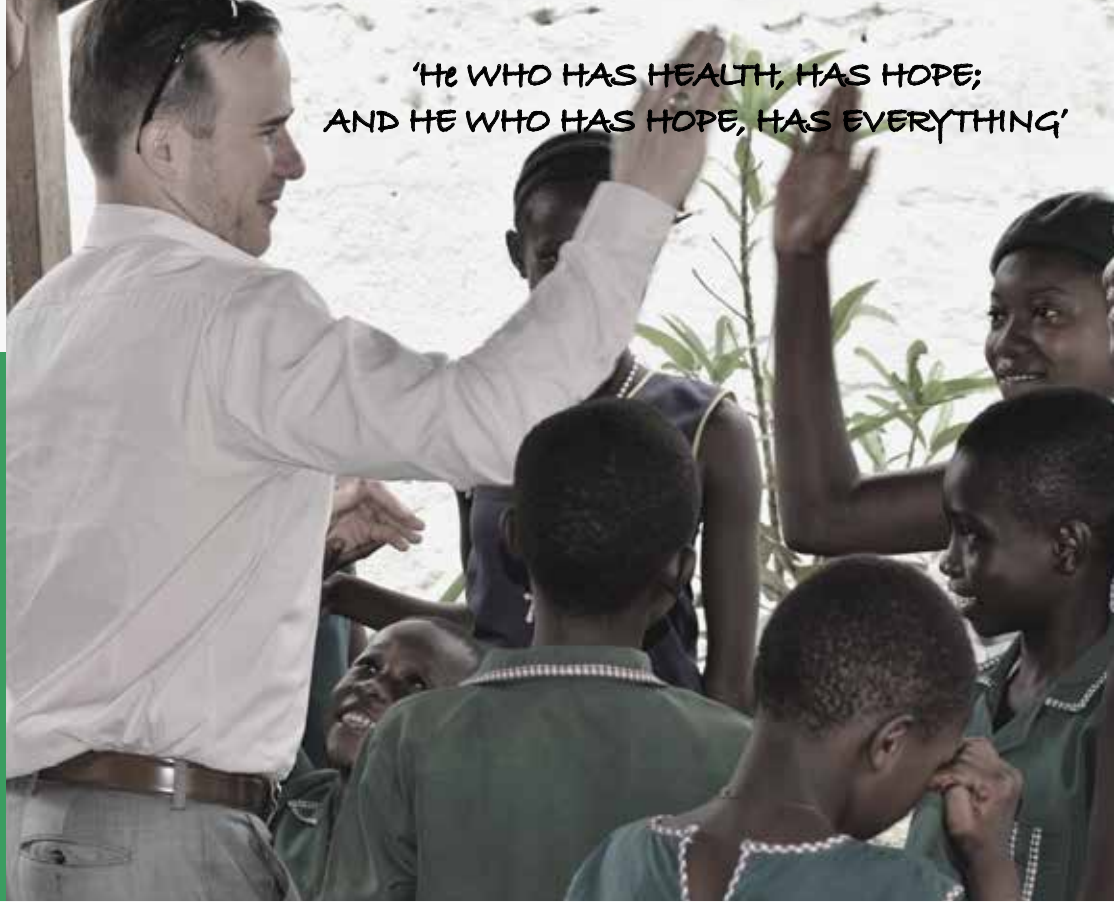




'HE WHO HAS HEALTH, HAS HOPE;
AND HE WHO HAS HOPE, HAS EVERYTHING'

A MESSAGE FROM OUR PRESIDENT...

ROBERT T. HEALEY, JR.
PRESIDENT & CHAIRMAN



2020 was certainly a challenging year for us. The global fallout from the COVID19 pandemic impacted developed as well as emerging economies and their health systems in many ways. However, thanks to the continued support of our donors, as well as our international and local partners, we were able to continue expanding the number of health facilities we assist and the number of institutions serving orphans and underprivileged children.

To assist in the prevention of the spread of COVID19 in Sierra Leone, we provided health facilities with PPE and community centers with hand washing stations, while also supporting a congregation of Sisters in the production of masks for distributions within their communities.

We continued to supply essential medicines and began capacity training in emergency obstetrics for the healthcare staff in the Western Area.

The children at St. Mary's Fatima ICC continue to perform well in school spending time at their new library, and keeping busy with story hours, debates, spelling bees and a variety of other social based educational activities. One child from the ICC is now attending college, while another is attending a trade school. Both are currently residing with sponsored or extended families.

The Religious Sisters education program has enrolled and/or graduated approximately 20 nuns to complement their religious vocations with advanced careers in the medical and mental health fields, education and business administration. Services in all of these fields are in tremendous demand and short supply throughout Sierra Leone.

Our "Partnership to Serve Humanity" expanded its distribution of food, footwear, and other basic needs, while building water and sanitation systems, and renovating facilities to disabled communities.

We are humbled and grateful for your support, which has allowed us to continue "Turning Scars into Stars".

Robert T. Healey, Jr.
President & Chairman



ABOUT US



WHY SIERRA LEONE?

HealeyIRF has taken action to help build the lives of those in Sierra Leone. With the effects of a decade long civil war still being felt and the recent Ebola Virus epidemic, Sierra Leone is ranked 179 out of 188 countries on the United Nations Human Development Index. 52.3% of the population lives on less than \$2 a day.

Children in Sierra Leone face challenges reaching their 5th birthday and are thirty times more likely to die before the age of five than a child born in England. The burden on women is especially high with an estimated lifetime risk of dying of maternal causes at 1 in 17.

Health outcomes for the people of Sierra Leone are dire and according to the World Health Organization “a child born today in Japan will live to the age of 83, whereas a child born in Sierra Leone will only live until the age of 50.”

LOCAL PARTNERSHIPS

COMMUNITY BASED SOLUTIONS

SUSTAINABLE RESULTS

Solid alliances with local communities in Sierra Leone and like-minded NGO's allow us to develop methods of problem solving, which are supported by the communities we work in, thus developing a bright future. It's about immersing oneself and understanding the culture you are working with. We are providing a “hand-up”, not a “hand-out”, to ensure sustainable results.



Healey International Relief Foundation (HealeyIRF) is a 501(c)3 public charity established to improve the quality of life of vulnerable individuals and families in Sierra Leone who have long been affected by war, Ebola, and adverse socioeconomic conditions through the delivery of healthcare services, clean water, food, and educational training. HealeyIRF embraces the country's needs, invests in their future, and brings hope and empowerment to those in Sierra Leone who are impoverished, hungry and hurting.

2020 At A Glance



ORPHAN AND VULNERABLE CHILDREN

- Funding provided to support school fees for 24 children at St. Mary's-Fatima Interim Care Center.
- Container of supplies shipped and fully loaded with new clothes, shoes, school supplies, books, toys, games, household, and personal care items.
- 8,100 bags of rice were distributed to 11 different facilities caring for orphan and vulnerable children.



EMERGENCY RELIEF & RECOVERY EFFORTS

- Distribution of Personal Protection Equipment (PPE) to protect against Coronavirus.
- 21,000 bags of rice distributed to 3,800 Ebola Survivors.
- Veronica Buckets and handwashing supplies delivered to vulnerable populations to fight the spread of COVID-19.



ONGOING SUPPORT

- 6 Container shipments carrying medicines, medical equipment and supplies and educational items.
- Capacity Trainings for our Healthcare Staff.



HOWEVER LONG THE NIGHT, THE DAWN WILL BREAK.
-AFRICAN PROVERB

CHARITY HEALTH NETWORK

AN IMPORTANT FOCUS FOR THE 2020 YEAR

Most people, especially those in the developing world, have limited access to health services. While Sierra Leone's under-five mortality rate is improving, it is still one of the highest in the world at 109 deaths out of 1,000 live births. The United Nation's Sustainable Development Goals (SDG) target for under-fives is 25/1,000. Improving health outcomes for this population is essential to reaching the SDG target. Capacity building improves performance and enhances the ability to function and continue to stay relevant within a rapidly changing environment in the healthcare field.

Capacity building is imperative for our staff as it will result in the implementation of new skills and knowledge as well as systems to sustain and expand these improvements over time. That is why we supported a capacity building effort initiated by Caritas Freetown to enhance training at their four western area health facilities.



In collaboration with the Sierra Leone Ministry of Health, six days of training were held at Christ the King Hospital in October. The training provided was the World Health Organization's certified Integrated Management Childhood Illness (IMCI). IMCI has many benefits but key is a reduction in under-five mortality and improved healthcare worker performance and the quality of care delivered. Headed by HealeyIRF and Caritas Freetown's Health Coordinator in Sierra Leone, Rev. Sr. Josephine Amara, staff from Stella Maris Clinic, St. Anthony's Clinic, Monsignor Daniel Sullivan Clinic and Christ the King Hospital participated in the training. IMCI training included both preventive and curative elements that are implemented by families and communities as well as by health facilities. "Essentially, this training will enable health care workers within the facilities targeted to be able to provide lifesaving care" said Rev. Sr. Josephine Amara.



CAPACITY BUILDING

Following the IMCI training in early November, the government of Sierra Leone offered Emergency Obstetric Training to our staff in various health facilities. This training's focus addressed Sierra Leone's high maternal mortality rate. It is estimated that a woman in the country has a 1 in 17 chance of dying during pregnancy.

The key message at a capacity building training that took place in Waterloo, highlighted effective communication as a vital component to quality healthcare. Participants describe the capacity training by Mrs. Betty Sam and Alimany R. Kamara as, "thoughtful, inspiring, meaningful and motivating." Effective communication between health providers and patients has a great influence on patients following recommendations and returning to the health facility for follow-up care. This helps improve health outcomes.

Although the first case of COVID-19 didn't emerge until late March in Sierra Leone, by late April the World Health Organization (WHO) and UNICEF reported that immunization rates and the use of child health care services had "worryingly declined by about 19%." A training was designed by the Expanded Program for immunization (EPI), which is responsible for reducing the burden of vaccine-preventable diseases through childhood immunization services, and our staff at Monsignor Daniel Sullivan Health Clinic in Newton participated. The training focused on how to further effectively reach out to those patients who are concerned about bringing in their children for immunizations. Staff found the training very helpful and said it will be a great benefit as they continue their immunization outreach and sensitization to the surrounding communities.

**"WE FACE MANY CHALLENGES IN
HAVING THE RESOURCES TO PROVIDE
HEALTH SERVICES. HOWEVER,
EFFECTIVELY COMMUNICATING
BETWEEN OURSELVES AND OUR
PATIENTS IS A RESOURCE WE POSSESS
AND CAN IMPROVE."**

-REV. SISTER JOSEPHINE AMARA



What does the work of the Foundation mean to our beneficiaries? For HealeyIRF, that was answered in the simplest form - a thank you note. Since its inception, projects supporting orphan and vulnerable children have been a HealeyIRF priority. Currently we support the St. Mary's-Fatima Interim Care Center at River Number Two. Under the watchful eyes of Sisters Agatha, Bernadette, and Felicia, twenty-four children are making this center into a home.

It was in November 2019, during our last visit with the Sisters and children that we took full assessment of the home and saw many areas we could assist with; simple fixes really pertaining to storage totes and organization, lighting, first-aid supplies, and household goods. In April of 2020 our container from Lumberton, New Jersey made its way to Sierra Leone, primarily stocked with such needs for the home as well as new clothes and shoes, books, sports equipment and more. Soon after we received a very special thank you from the Sisters and kids. The children were so happy with their new clothes and shoes. Sometimes we forget just how good a new pair of shoes or shirt can make you feel. We tend to take the little things for granted. Some have gone their whole lives never having worn a new pair of sneakers. "The boys were a bit jealous as the girls liked the shower-caps, shampoo and conditioner, hair bands, etc. Their foot wears however make them forget the jealousy and were overjoyed. It was really a beautiful sight seeing the joy and smiles on the faces of the children as we together opened each carton to view its content," said Sr. Agatha.



The timing of the container arrival worked out perfectly, especially for the Sisters of the home who now had to entertain all the children (24-7) due to the COVID-19 lockdown. They found many creative outlets to help pass the time including in-home tutoring and schooling, Spelling Bee contests, debates, and other learning activities. Our shipment included many books, school supplies, toys, games and sports equipment that helped the Sisters with their curriculum and play time activities.

We can all empathize with the Sisters and their patience during such trying times, and they did an amazing job keeping each child up to date with their studies, happy and engaged. In October, the government allowed schools to reopen. The children were ready with their new school supplies and backpacks on... it was a joyous return to school for all. 12 year-old Medisha took her National Primary School Examination (NPSE). She had to pass this test before she could advance to Junior Secondary School. She learned that she passed and did so with flying colors. Three others also took the exam to move onto their next level of schooling. Indeed, it was the hard work, effort, care, and love put forth by Sr. Agatha, Sr. Bernadette and Sr. Felicia that helped the children excel and ensured that they were ready for the next school year.

"All of us, at some time or other, need help. Whether we're giving or receiving help, each one of us has something valuable to bring to this world. That's one of the things that connects us as neighbors-in our own way, each one of us is a giver and a receiver."



Covid-19 Support



AFTER A DECADE OF CIVIL WAR AND THE 2014-2016 WEST AFRICAN EBOLA OUTBREAK, SIERRA LEONE HAD TO FACE THE COVID-19 PANDEMIC WITH A FRAGILE HEALTH SYSTEM. AS WAS DEMONSTRATED DURING EBOLA, PREPAREDNESS IS KEY TO LIMITING A HEALTH CRISIS' SPREAD AND IMPACT ON HEALTH SYSTEMS AND ENSURING CONTINUED CARE FOR VULNERABLE POPULATIONS. SIERRA LEONE DOCUMENTED ITS FIRST CASE OF COVID-19 IN LATE MARCH 2020 AND SUBSEQUENTLY IMPLEMENTED SEVERAL GOVERNMENT-LED CONTAINMENT MEASURES INCLUDING A TEMPORARY INTER-DISTRICT LOCKDOWN, MANDATORY 14-DAY QUARANTINE FOR INTERNATIONAL TRAVELERS, AND ISOLATION AND DAILY MONITORING OF CONFIRMED COVID-19 CASES AT ESTABLISHED TREATMENT CENTERS.



HealeyIRF and its partners immediately began to send needed supplies, such as masks, soaps, sanitizers, gloves, and other medical supplies to help combat the spread of COVID-19. Containers were sent from various partners like MAP International, Rise Against Hunger, Brother's Brother Foundation, Tzu Chi Foundation and more. "There has been a great demand for gloves, face masks and coverings at the hospitals and clinics we support," noted HealeyIRF In-Country Manager Ishmeal Charles. "Ensuring health workers remain free from coronavirus is key to being able to continue providing essential health services to vulnerable populations, like women and children." The shipments included 25,000 pairs of gloves, 27,000 face masks, 5,000 pieces of protective clothing, and 2,000 disposable gowns. Supply distribution was made to 17 hospitals and clinics.



COMMUNITY AWARENESS

In early May, led by Caritas Freetown with support from HealeyIRF and its partners, a donation of hospital beds, face masks, and gloves was distributed to the government of Sierra Leone. The donation took place at the Emergency Operational Center (EOC) in Freetown. Our efforts supported various groups of people in Sierra Leone, including vulnerable populations, Ministry of Basic and Senior Secondary Education, Ministry of Social Welfare, and District Health Management teams (DHMT) among others.

Further support came from Rise Against Hunger, who packed much needed medicines and medical supplies. Caritas-Freetown Health Administrator, Sister Josephine Amara said, "During the coronavirus it is important to keep people safe from the virus but also keep them as healthy as possible. This shipment from Rise Against Hunger included antibiotics which are crucial to our under-5 population which is highly susceptible to respiratory infections. About 80% of our respiratory cases are children under-5. In addition, the prenatal vitamins will be very helpful to keeping our pregnant mothers healthy and strong." Sister Josephine also said, "The medicines that we received to treat diabetes, cardiovascular disease and hypertension are life-saving and we very much appreciate receiving them." In addition to medicines, the shipment also included supplies such as bandages, stethoscopes, and hygiene kits.





HealeyIRF was granted emergency relief funding from the Conrad N. Hilton Foundation to provide support for two local congregations in Sierra Leone who were influential in the fight against COVID-19. Our Lady of Guadalupe Health Center, which is operated by the Clarissan Missionary Sisters, pointed to the need of facial masks to protect their staff and patients, and mitigate the impact from COVID-19. With their medical team, they developed a facial mask with the appropriate characteristic for protection that could be produced in Sierra Leone. The grant award was able to fund the production of 15,000 facial masks that were distributed to various health facilities in our Charity Health Network. In early June, 9,000 face masks were produced and delivered to Holy Spirit Catholic Hospital in Makeni (3000) Loreto Health Facility (3000) and Mile 91Clinic (3000).

Loreto Health Services, operated by the Missionary Sisters of St. Joseph of Cluny located in Makeni, Sierra Leone has a catchment area of over 23,000. The facility handled 23,954 patient visits of which 26 percent are epilepsy patients and 34 percent under 5's. In addition, the clinic supports over 350 antenatal patients and approximately 250 child nutrition cases. To combat and prevent the spread of COVID-19 in their area of responsibility and among the critical vulnerable populations, a two-part program over two months was developed. The Sisters and medical team were able to reach over 600 at-risk patients, treated free of charge. They provided daily health talks about COVID-19, spent over 12 days of outreach to villages distributing medicines and handwashing supplies and lastly, over 1,000 epilepsy patients and others received soaps and masks.



PARTNERING TO SERVE HUMANITY



The Western area rural district was one of the most affected by Ebola in 2014 and 2015. In 2020 it was again an epicenter of COVID-19. In October schools began to reopen in Sierra Leone. The schools had been closed since March 2020 due to COVID-19. Before schools could reopen, all facilities needed handwashing services on the premises for students and teachers to help prevent the spread of coronavirus. To ensure a safe return to school, HealeyIRF and Partnering to Serve Humanity targeted 150 schools in the Western Rural and Urban Areas and distributed veronica buckets and soaps. The school administrators were very appreciative and expressed thanks for the much-needed supplies.

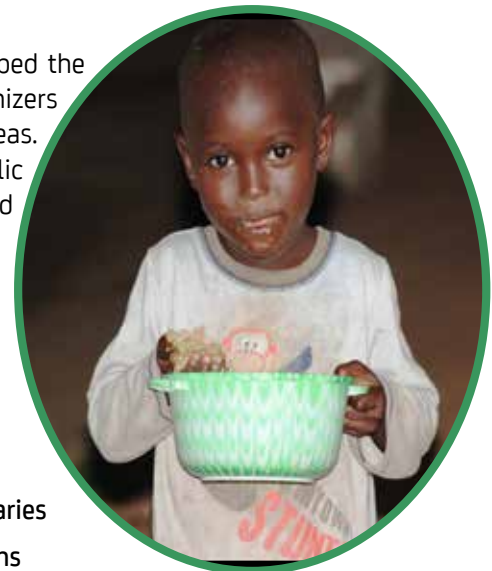
The Hygiene and Economic Support for Communities Affected by COVID-19 (HESCA) helped the schools as well by setting up handwashing demonstrations in each facility. Trained organizers promoted the USAID certified hygiene promotion lessons to pupils in schools and public areas. The lessons were of primary importance in promoting proper handwashing manners. Public squares, schools, parks, and market areas all received handwashing station supplies and materials, such as soaps and sanitizers.



SUMMARY OF DISTRIBUTIONS



- Supplied wash stations to over 200 communities and Community-based organizations
- Rice support provided to: 15,000 patients and staff at charitable health facilities, 4,000 Survivors of Ebola and their families, 16,000 underprivileged school children, 1,000 Children with disabilities, 12,000 religious and government social welfare beneficiaries
- Distributed infant nutritional supplements to 34 children's community-based organizations
- Donated footwear (shoes and sandals) to 8,500 children





Cherry Hill, NJ Staff

Robert T. Healey, Jr.
President & Chairman
Robert T. Healey Sr.
Founder
Benjamin Parra
Executive Director
Megan M. Smith
Programs Manager
Vicki Middleton
Government Relations Officer
Alice Fitzpatrick
Administrator
Julie Grasso
Executive Assistant

Sierra Leone In-Country Staff

Rev. Fr. Peter Konteh
Chairman of Sierra Leone Advisory Board
Ishmeal Alfred Charles
In-Country Manager
Michael Samai
Warehouse Coordinator
Theresa Kamara
Finance Officer
Fayia Baimba
Transportation



Board Members

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Robert T. Healey, Sr.
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Riley Scott
Leigh Healey Hughes
Patrick Lukulay, PhD
Mary Alexis Iaccarino, MD
Robert Sherrieff
Josephine Garnem
Moses Baryoh, CBET



HEALEY

INTERNATIONAL
RELIEF FOUNDATION

2020 Financial Summary

Statement of Financial Position

31-Dec-20

ASSETS

Cash and equivalents	627,491
Receivables and prepaid expenses	16,147
Investments, at fair value	3
Prepaid expenses	9,055
Property & equipment, net	17,667
TOTAL ASSETS	670,363

LIABILITIES

Accounts payable	2,401
Promissory note payable	55,600
Deferred revenue	54,851
Due to affiliates	2,742
Accrued liabilities	19,625
TOTAL LIABILITIES	135,219

NET ASSETS

Unrestricted	410,411
Temporarily restricted	124,733
TOTAL NET ASSETS	535,144

TOTAL LIABILITIES AND NET ASSETS **670,363**

Statement of Activities

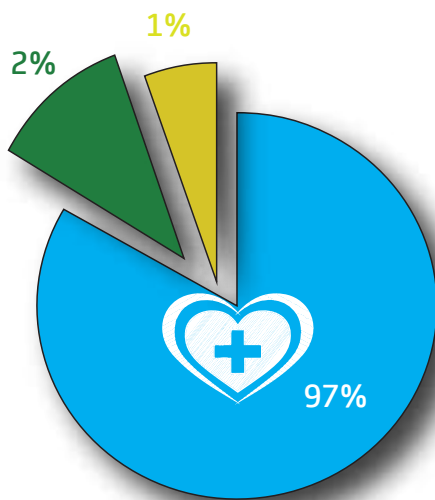
SUPPORT AND REVENUE

Contributions	988,574
Grants	100,328
In-kind contributions	10,709,775
Investment return, net	514
Miscellaneous income	2,097
TOTAL SUPPORT AND REVENUE	11,801,288

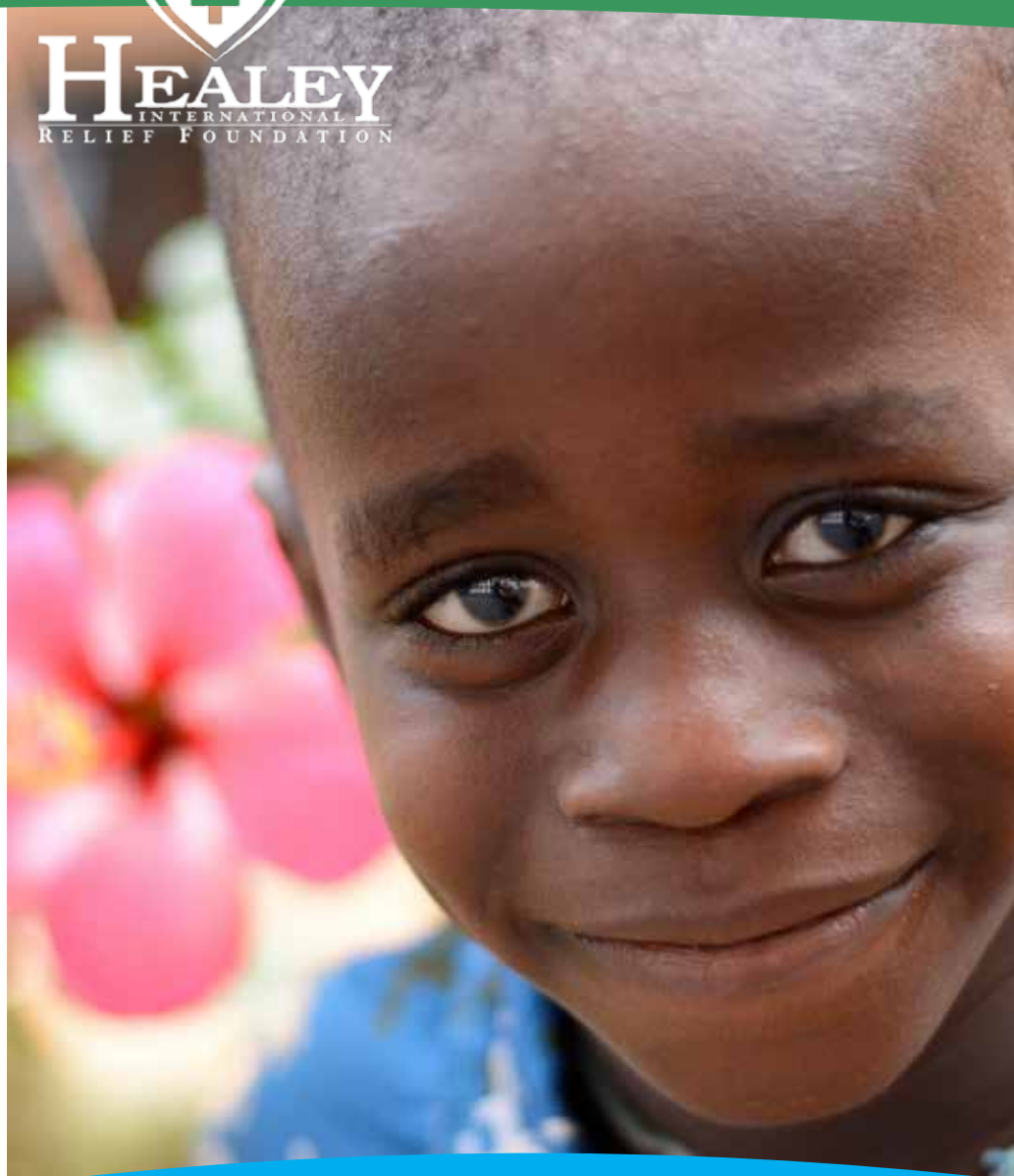
EXPENSES

Program	11,228,036
Management and general	266,884
Fundraising	67,786
TOTAL EXPENSES	11,562,706

CHANGE IN NET ASSETS **238,582**



- 1% Fundraising
- 2% Management & General
- 97% Program Expenses



\$42,577

Education Support:
Room & Board, Tuition,
School Supplies



\$56,180

Financial Support for:
Healthcare Facilities



\$134,638

Clothing, Blankets &
Nutritional Supplements



\$25,484

Scholarship Awards



800 TONS

Rice

\$103,405

Transportation &
Distribution



\$10,175,000

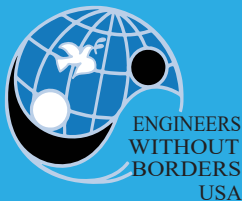
Medicine, Medical
Supplies & Equipment



THANK YOU TO OUR PARTNERING ORGANIZATIONS FOR ALL YOUR HELP.
WE COULD NOT DO THIS WITHOUT YOU. *TENKI TENK!!*



TZU CHI



Turning
Scars into
Stars



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